



EARLY CHILDHOOD EPISODE 2: BRAVE J



Synopsis: Little J and Big Cuz discover that super heroes come in all sizes.

This episode is about Little J having to process his feelings when Levi can't sleepover at his house on the weekend—Levi has to go bush with his Grandpa, but Little J had plans that they would dress up as superheroes and play pretend. Little J feels sad, and feels like he's missing out. Compounding these feelings is the fact that Big Cuz also isn't around, because she's gone to the city with Sissy and Sissy's mum. They had planned to go on a Ferris wheel, and to go ice skating the next day, but Big Cuz gets homesick so returns home early. Nanna explains to Big Cuz that she's brave for voicing her feelings of wanting to come home.

In this Teacher Pack, there is an overview of how this episode can be utilised for key Learning Outcomes, including **prompting questions** based on the principles and practices outlined in the Early Years Learning Framework (EYLF).

Along with best practice pedagogical approaches, and AITSL Standards relating to Indigenous content, we encourage all teachers to find ways to link the content of each episode to the local community in which they teach. Some Teacher Packs will have activities that you can alter, adjust or build upon to **connect to the local context**.

**If you're planning on utilising additional resources (such as videos, websites, books etc) touching on themes that are covered in this episode, we recommend you use the 'AIATSIS Guide to selecting and evaluating educational resources' to ensure you're representing Indigenous perspectives accurately.*

Links to the Early Years Learning Framework (EYLF):

Learning Outcomes

- Children are connected with and contribute to their world.
- Children are confident and involved learners.
- Children have a strong sense of wellbeing.
- Children are effective communicators.
- Children have a strong sense of identity.
- Children are active and informed members of the community.

EARLY CHILDHOOD ACTIVITIES

This episode explores feelings and themes of sadness, jealousy, feeling like you're missing out, and bravery. Below are some **prompting questions** to encourage children's emotional intelligence and awareness, empathy, and self-reflection.

Bravery:

- *"There are lots of examples of people being brave in this episode! Like Big Cuz being brave enough to say to Sissy that she was feeling homesick and wanted to go home early from the trip to the city"*
 - Can you tell me about a time when you felt brave?
 - What does being brave mean to you?
 - How do you feel when you try something new that seems a bit scary?
 - Who is someone brave that you look up to? Why?
 - What can we do to help each other be brave?

Sadness:

- *"Little J was feeling sad when Levi had to cancel his plan of sleeping over. I would feel sad too if my friend was going to visit me but had to change plans"*
 - How do you know when someone is feeling sad?
 - What makes you feel better when you're feeling sad?
 - Can you think of a time when you helped someone who was feeling sad?
 - How can we help our friends feel better when they are sad?
 - What do you think we can do when we feel sad?

Jealousy:

- *"Little J seemed like he might have been jealous of Big Cuz going to the city with Sissy"*
 - How do you feel when someone has something you wish you had?
 - What can we do when we feel jealous of someone else?
 - Can you think of a time when you felt jealous? What happened?
 - How can we be happy for our friends even when we feel jealous?
 - What are some things that help us appreciate what we have?

Feeling like you're missing out:

- *"Little J seemed disappointed and like he felt like he was missing out on a fun adventure when Levi was spending the night camping in the bush with his grandpa"*
 - How do you feel when you can't do something that others are doing?
 - What can we do when we feel like we're missing out on something fun?
 - Can you think of a time when you felt left out? What did you do?
 - How can we include others who might be feeling left out?
 - What are some things we can do to enjoy our own special moments?

