



FOUNDATION YEAR EPISODE 2: BRAVE J



Synopsis: Little J and Big Cuz discover that super heroes come in all sizes.

This episode is about Little J having to process his feelings when Levi can't sleepover at his house on the weekend. Levi has to go bush with his Grandpa, but Little J had plans that they would dress up as superheroes and play pretend. Little J feels sad, and also feels like he's missing out. Compounding these feelings is the fact that Big Cuz also isn't around, because she's gone to the city with Sissy and Sissy's mum. They had planned to go on a Ferris wheel, and to go ice skating the next day, but Big Cuz gets homesick so returns home early. Nanna explains to Big Cuz that she's brave for voicing her feelings of wanting to come home.

There are opportunities to use this episode and activities in the Key Learning Areas of English, Health & Physical Education, and The Arts in order to meet the Cross Curriculum Priorities of Aboriginal and Torres Strait Islander Histories and Cultures (*Version 8.4*).

In this Teacher Pack, there is an overview of how this episode can be utilised for each of the above KLAs, including **prompting questions**, with an outline of some activities that build towards outcomes from the Australian Curriculum. There are also printable worksheets to be used in class, or to be adjusted to meet your specific teaching context.

Along with best practice pedagogical approaches, and AITSL Standards relating to Indigenous content, we encourage all teachers to find ways to link the content of each episode to the local community in which they teach. Some KLAs will have activities that you can alter, adjust or build upon in order to **connect to the local context**.

**If you're planning on utilising additional resources (such as videos, websites, books etc) touching on themes that are covered in this episode, we recommend you use the 'AIATSIS Guide to selecting and evaluating educational resources' to ensure you're representing Indigenous perspectives accurately.*

Links to the Australian Curriculum (*Version 9*)

English	Health & Physical Education	The Arts
AC9EFLA02 AC9EFLE01 AC9EFLE03	AC9HPFP01 AC9HPFP02 AC9HPFP03	AC9AMAF01 AC9AMAF01

English

This episode features feelings and themes of sadness, jealousy, feeling like you're missing out, and bravery. Below are some **prompting questions** to encourage children's emotional intelligence and awareness, empathy, and self reflection, as well as build on their screen literacy:

Bravery:

- *"There are lots of examples of people being brave in this episode! Can you remember who was brave?"*
 - (Answer: Nanna said Big Cuz was brave for saying to Sissy that she was feeling homesick and wanted to go home early from the trip to the city)
- Can you tell me about a time when you felt brave?
- What does being brave mean to you?
- How do you feel when you try something new that seems a bit scary?
- Who is someone brave that you look up to? Why?
- What can we do to help each other be brave?

Sadness:

- *"Why couldn't Levi sleepover at Little J's house anymore??"*
 - (Answer: Levi had to go camp in the bush with his grandpa instead)
- *"How was Little J feeling after Levi had to change plans and wasn't able to sleep over anymore?"*
 - (Answer: Little J was feeling sad)
- *"How can we tell that he was feeling sad?"*
 - (Answer: He looked sad and he also told 'Grizzle Guts' the teddy bear that he was sad when he was going to sleep).
- How do you know when someone is feeling sad?
- What makes you feel better when you're feeling sad?
- Can you think of a time when you helped someone who was feeling sad?
- How can we help our friends feel better when they are sad?
- What do you think we can do when we feel sad?

Jealousy:

- *"Little J seemed like he might have been jealous of Big Cuz going to the city with Sissy"*
 - How do you feel when someone has something you wish you had?
 - What can we do when we feel jealous of someone else?
 - Can you think of a time when you felt jealous? What happened?
 - How can we be happy for our friends even when we feel jealous?
 - What are some things that help us appreciate what we have?

Feeling like you're missing out:

- *“Little J seemed disappointed and like he felt like he was missing out on a fun adventure when Levi was spending the night camping in the bush with his grandpa”*
 - How do you feel when you can't do something that others are doing?
 - What can we do when we feel like we're missing out on something fun?
 - Can you think of a time when you felt left out? What did you do?
 - How can we include others who might be feeling left out?
 - What are some things we can do to enjoy our own special moments?
- *“How was Little J feeling at the end of the episode?”*
 - (Answer: Little J was feeling happy)
- *“How do we know Little J was feeling happy?”*
 - (Answer: We could tell Little J was feeling happy because he wasn't sitting alone anymore, and he was playing and laughing with his friends and family).

Links to the Australian Curriculum:

Code	Students learn to:
AC9EFLA02	explore different ways of using language to express preferences, likes and dislikes
AC9EFLE01	share ideas about stories, poems and images in literature, reflecting on experiences that are similar or different to their own by engaging with texts by First Nations Australians, and wide-ranging Australian and world authors and illustrators
AC9EFLE03	recognise different types of literary texts and identify features including events, characters, and beginnings and endings

Health & Physical Education

This episode features feelings and themes of sadness, jealousy, feeling like you're missing out, and bravery. Below are some **prompting questions** to encourage children's emotional intelligence and awareness, empathy, and self reflection, as well as build on their screen literacy. These questions are the same as those provided when utilising this episode for an English lesson. Using one resource to meet multiple outcome across Key Learning Areas is a great way to start to meeting objectives in the Cross Curriculum Priorities of Aboriginal and Torres Strait Islander Histories and Cultures (*Version 8.4*)

This episode gives opportunity for teachers to have holistic conversations with students to help them build their sense of identity and understanding of self. Along with this, students can be guided to explore, understand, and communicate their emotions.

Bravery:

- *"There are lots of examples of people being brave in this episode! Can you remember who was brave?"*
 - (Answer: Nanna said Big Cuz was brave for saying to Sissy that she was feeling homesick and wanted to go home early from the trip to the city)
- Can you tell me about a time when you felt brave?
- What does being brave mean to you?
- How do you feel when you try something new that seems a bit scary?
- Who is someone brave that you look up to? Why?
- What can we do to help each other be brave?

Sadness:

- *"Why couldn't Levi sleepover at Little J's house anymore?"*
 - (Answer: Levi had to go camp in the bush with his grandpa instead)
- *"How was Little J feeling after Levi had to change plans and wasn't able to sleep over anymore?"*
 - (Answer: Little J was feeling sad)
- *"How can we tell that he was feeling sad?"*
 - (Answer: He looked sad and he also told 'Grizzle Guts' the teddy bear that he was sad when he was going to sleep).
- How do you know when someone is feeling sad?
- What makes you feel better when you're feeling sad?
- Can you think of a time when you helped someone who was feeling sad?
- How can we help our friends feel better when they are sad?
- What do you think we can do when we feel sad?



Jealousy:

- *“Little J seemed like he might have been jealous of Big Cuz going to the city with Sissy”*
 - How do you feel when someone has something you wish you had?
 - What can we do when we feel jealous of someone else?
 - Can you think of a time when you felt jealous? What happened?
 - How can we be happy for our friends even when we feel jealous?
 - What are some things that help us appreciate what we have?

Feeling like you're missing out:

- *“Little J seemed disappointed and like he felt like he was missing out on a fun adventure when Levi was spending the night camping in the bush with his grandpa”*
 - How do you feel when you can't do something that others are doing?
 - What can we do when we feel like we're missing out on something fun?
 - Can you think of a time when you felt left out? What did you do?
 - How can we include others who might be feeling left out?
 - What are some things we can do to enjoy our own special moments?
- *“How was Little J feeling at the end of the episode?”*
 - (Answer: Little J was feeling happy)
- *“How do we know Little J was feeling happy?”*
 - (Answer: We could tell Little J was feeling happy because he wasn't sitting alone anymore, and he was playing and laughing with his friends and family).

Links to the Australian Curriculum:

Code	Students learn to:
AC9HPFP01	investigate who they are and the people in their world
AC9HPFP02	practise personal and social skills to interact respectfully with others
AC9HPFP03	express and describe emotions they experience

The Arts

This episode features feelings and themes of sadness, jealousy, feeling like you're missing out, and bravery. It also has a focus on the children playing superheroes. This is a good opportunity to deliver an Arts lesson focussed on bravery, with the creating and making aspects of the **Media Arts** curriculum. Below are some **prompting questions** to encourage children's understandings of bravery, and how that can look different for everyone.

We have also designed a worksheet for students to articulate their own sense of bravery, by being inventive and thinking of their own superhero name and costume. You are encouraged to guide students to draw and write about their superhero, and then present their work to the class.

Bravery:

- *"There are lots of examples of people being brave in this episode! Can you remember who was brave?"*
 - (Answer: Nanna said Big Cuz was brave for saying to Sissy that she was feeling homesick and wanted to go home early from the trip to the city)
- Can you tell me about a time when you felt really brave?
- What does being brave mean to you?
- How do you feel when you try something new that seems a bit scary?
- Who is someone brave that you look up to? Why?
- What can we do to help each other be brave?
- *"Can you remember how in this episode, the kids all had superhero names?"*
- *"Can you remember Little J's superhero name?"*
 - (Answer: Brave J)
- *"Can you remember B Boy's superhero name?"*
 - (Answer: Brave Boy)
- *"Can you remember Big Cuz's superhero name?"*
 - (Answer: Super Cuz)
- *"Can you remember Grizzly Gut's (the teddy bear's) superhero name?"*
 - (Answer: Great Guts)
- *"Can you remember Levi's superhero name?"*
 - (Answer: Levi the Legend)

Links to the Australian Curriculum:

Code	Students learn to:
AC9AMAF01	create arts works that communicate ideas
AC9AMAFP01	share their arts works with audiences

THE ARTS WORKSHEET

My superhero name is _____

The thing I am most brave about is _____

Draw your superhero. Draw them doing something brave!

What colours will their costume be? Will they have a mask? Will they have a cape?